



CampusSport gym etiquette

Dress appropriately. You will need clothing that is suited for sports, socks or footwear suited for indoor sports, a water bottle and a gym towel.

All gym users need to make sure that the equipment stays in good condition. Notify CampusSport of broken equipment via email: info@campussport.fi.

Return the equipment back to their place after use. Remove weights from the equipment.

Clean the equipment after use. Keep the gym tidy.

Only liquid magnesium is allowed in the gyms.

Give others a chance to use the equipment while you are having a break. Do not reserve equipment.

Keep enough distance to other people so that working out is safe for everyone.

Let everyone work out without interference. Avoid loud conversation and do not make unnecessary noise with the equipment. Listen to music at a reasonable volume.

Behave and speak respectfully. Do not take pictures of anyone without their permission.

If needed, help others and ask for help.